



SAINT ALPHONSUS PARISH SCHOOL

Summer Learning Guide

OVERVIEW

Parents are encouraged to support their students over the summer by preparing for the upcoming school year. The targets listed below are **not prerequisites, but rather a preview of key skills** students will be working on throughout the year. Getting a head start on these skills can help students feel **more confident and ready to learn** when they return to the classroom in the fall.

Please note that the **skills/concepts are cumulative**. Students should have a firm grasp of the previous grade's expectations upon entering the next. Some of the resources include hyperlinks to external videos and supplies.

OTHER CONSIDERATIONS

Ultimately, **summer is a time for kids to be kids**. St. Alphonsus School does not expect parents to “re-create” a classroom environment over the summer. Life brings about many **natural opportunities to teach** (e.g., shopping, cooking, traveling, attending Mass or worship services). You know your children best and what they will respond positively to.

Please also **prioritize movement and playing outside**. You may consider picking a new sport to play together as a family or even [planting a sunflower](#).

Finally, consider **creating time and space for quiet/prayer in your home**. Children enjoy having a designated time for quiet reflection or study but will need guidance on how to schedule it into their day.

PRAYERS

An appendix of the prayers is at the end of this document. This is just a **small part of the beautiful treasury** of prayers and devotions of the Catholic faith. Parents are encouraged to learn the prayers alongside their children and make an effort to pray regularly at home.

Please reach out if you have any additional questions. **We are here to accompany you!**

Preschool-8th grade
Catholic school focused
on academic excellence
founded in faith, tradition,
and community for over
100 years.

Verso l'alto!
To the heights!

Admissions
admissions@stalseattle.org
206.782.4363

GRADE LEVEL ENTERING 25-26	SPEAKING & LISTENING / READING & WRITING	MATH	PRAYERS TO KNOW BY HEART	OTHER / RESOURCES
Preschool	<ul style="list-style-type: none"> ✓ Listen to a parent read to you daily. ✓ Identify the first letter of their name. 	<ul style="list-style-type: none"> ✓ Count to 5. ✓ Identify and name basic shapes (circle, square, triangle). 	<p>Sign of the Cross (use right hand)</p>	<ul style="list-style-type: none"> • Be fully potty-trained by start of school. • Put on clothing and shoes with minimal support. • Open lunchbox and meal items with minimal support. • Plant a sunflower.
Pre-Kindergarten	<ul style="list-style-type: none"> ✓ Listen to a parent read to you daily. ✓ Speak full name correctly. ✓ Practice 3-finger pencil grip. 	<ul style="list-style-type: none"> ✓ Count to 10 and recognize numbers 0-5. 	<p>Grace Before Meals</p>	<ul style="list-style-type: none"> • Plant a sunflower.
Kindergarten	<ul style="list-style-type: none"> ✓ Listen to a parent read to you daily. Ask and answer questions about the reading. ✓ Recognize first name in print. 	<ul style="list-style-type: none"> ✓ Count to 20 and recognize numbers 0-10. 	<p>Angel of God</p>	<ul style="list-style-type: none"> • Book: Teach Your Child to Read in 100 Easy Lessons • Suggested reading list & literature selections • Plant a sunflower.
1st	<ul style="list-style-type: none"> ✓ Read to or listen to a parent read to you daily. Ask and answer questions about the reading. ✓ Review first 26 phonograms (recognizing sounds and letters). ✓ Journal and/or draw daily to maintain and improve handwriting (e.g., Write a sentence about your day, trip, what you read, etc.) ✓ Work on appropriate space (1-finger) between words. 	<ul style="list-style-type: none"> ✓ Practice adding and subtracting within 5. ✓ Count to 100 by ones and tens. ✓ Identify 2D and 3D shapes (e.g., circle, cone, cube, cylinder, oval, pyramid, rectangle, sphere, square, triangle) 	<p>Our Father Hail Mary Glory Be</p>	<ul style="list-style-type: none"> • 72 Phonograms List • Video library for practicing phonograms • 72 Phonograms flash cards • Suggested reading list & literature selections • Plant a sunflower.
2nd	<ul style="list-style-type: none"> ✓ Read to or listen to a parent read to you daily. Ask and answer questions about the reading. ✓ Demonstrate mastery of first 26 phonograms. ✓ Journal and/or draw daily to maintain and improve handwriting (e.g., Write a sentence about your day, trip, what you read, etc.). 	<ul style="list-style-type: none"> ✓ Add and subtract within 10 with automaticity. ✓ Count forward and backward within 120, starting from any number. 	<p>Act of Contrition</p>	<ul style="list-style-type: none"> • 72 Phonograms List • Video library for practicing phonograms • 72 Phonograms flash cards • Suggested reading list & literature selections • Plant a sunflower.

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3rd	<ul style="list-style-type: none"> ✓ Read to or listen to a parent read to you daily. Retell what you read. ✓ Demonstrate mastery of phonograms 26-55. ✓ Journal and/or draw daily to maintain and improve handwriting (e.g., Write a sentence about your day, trip, what you read, etc.). 	<ul style="list-style-type: none"> ✓ Add and subtract within 20 with automaticity. ✓ Practice adding and subtracting 3-digit numbers. ✓ Introduce multiplication facts with numbers 0-5. 	Come Holy Spirit	<ul style="list-style-type: none"> • 72 Phonograms List • Video library for practicing phonograms • 72 Phonograms flash cards • Suggested reading list & literature selections • Plant a sunflower.
4th	<ul style="list-style-type: none"> ✓ Read independently or aloud daily. ✓ Journal and/or draw daily to maintain and improve handwriting (e.g., Write a sentence about your day, trip, what you read, etc.). ✓ Demonstrate mastery of phonograms 26-55. 	<ul style="list-style-type: none"> ✓ Know from memory multiplication facts up to 12×12. ✓ Fluently add and subtract within 1,000 (e.g., $48+307$, $798-212$). 	Memorare	<ul style="list-style-type: none"> • 72 Phonograms List • Video library for practicing phonograms • 72 Phonograms flash cards • Suggested reading list & literature selections • Plant a sunflower.
5th	<ul style="list-style-type: none"> ✓ Read at least 20 minutes daily. Summarize main idea. ✓ Summer reading assignment: <i>Midsummer Night's Dream</i>. ✓ Journal daily to maintain and improve handwriting (e.g., Write a sentence about your day, trip, what you read, etc.). 	<ul style="list-style-type: none"> ✓ Know from memory multiplication facts up to 12×12. ✓ Be able to divide fluently within 100 (e.g., $36 \div 6$). ✓ Practice adding and subtracting fractions with like-denominators (e.g., $1/4 + 3/4$). 	Hail Holy Queen	<ul style="list-style-type: none"> • Practice memorizing the U.S. states and capitals • Typing: 20-25 WPM with 90-95% accuracy • Recommended typing practice: https://www.typingclub.com/ • Suggested reading list & literature selections
6th	<ul style="list-style-type: none"> ✓ Read at least 20 minutes daily. Summarize main idea. ✓ Summer reading assignment: <i>Midsummer Night's Dream</i>. ✓ Journal daily to maintain and improve handwriting (e.g., Write a sentence about your day, trip, what you read, etc.). 	<ul style="list-style-type: none"> ✓ Know from memory multiplication facts up to 12×12. ✓ Fluently multiply and divide multi-digit numbers. ✓ Add and subtract fractions with like denominators. 	Anima Christi	<ul style="list-style-type: none"> • Typing: 25-30 WPM with 95% accuracy • Recommended typing practice: https://www.typingclub.com/ • Suggested reading list & literature selections

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7th	<ul style="list-style-type: none"> ✓ Read at least 20 minutes daily. Summarize main idea. ✓ Summer reading assignment: <i>Jekyll and Hyde</i>. ✓ Journal daily to maintain and improve handwriting (e.g., Write a sentence about your day, trip, what you read, etc.). 	<ul style="list-style-type: none"> ✓ Know from memory multiplication facts up to 12×12. ✓ Convert between fractions, decimals, and percentages. ✓ Solve multi-step problems involving all four operations with whole numbers, fractions, and decimals (e.g., 48×0.75, $\frac{3}{4} - \frac{1}{2}$) 	Prayer of St. Francis	<ul style="list-style-type: none"> • Typing: 30-40 WPM with 95% accuracy • Recommended typing practice: https://www.typingclub.com/ • Suggested reading list & literature selections
8th	<ul style="list-style-type: none"> ✓ Read at least 20 minutes daily. Summarize main idea. ✓ Summer reading assignment: <i>Jekyll and Hyde</i>. ✓ Journal and/or type daily to maintain and improve handwriting (e.g., Write a sentence about your day, trip, what you read, etc.). 	<ul style="list-style-type: none"> ✓ Know from memory multiplication facts up to 12×12. ✓ Be fluent in operations with positive and negative numbers (e.g., $9 \times (-3)$; $(-5)^2 - 3$) ✓ Solve two-step equations (e.g., $2x + 3 = 11$). 	Apostles' Creed	<ul style="list-style-type: none"> • Typing: 40-45 WPM with 95% accuracy • Recommended typing practice: https://www.typingclub.com/ • Suggested reading list & literature selections



PRAYER APPENDIX

Sign of the Cross

(use the right hand)

In the name of the Father (*touch forehead*),
and of the Son (*touch center of chest*),
and of the Holy Spirit (*touch left shoulder then right shoulder*).
Amen.

Video demonstration: <https://youtu.be/Y7XKR0yhLf0?si=QgTl7l4smS6D1naB>

Grace Before Meals

Bless us O Lord, and these Thy gifts, which we are about to receive, from Thy bounty, through Christ our Lord. *Amen.*

Angel of God

Angel of God, my guardian dear, To whom God's love commits me here, Ever this day be at my side, To light and guard, to rule and guide. *Amen.*

Our Father

Our Father, Who art in Heaven, hallowed be Thy Name; Thy Kingdom come; Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. *Amen.*

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.
Amen.

Glory Be

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning
is now and ever shall be
world without end.

Amen.

Act of Contrition

Oh my God,
I am sorry for my sins with all my heart,
In choosing to do wrong
And failing to do good,
I have sinned against you
Whom I should love above all things.
I firmly intend, with your help,
To do penance, to sin no more,
And to avoid what ever leads me to sin.
Our Savior Jesus Christ
Suffered and died for us,
In His name, my God, have mercy.

Amen.

Come, Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful
and kindle in them the fire of your love.
Send forth your Spirit and they shall be created,
and you shall renew the face of the earth.

Let us pray.

O God, who have taught the hearts of the faithful
by the light of the Holy Spirit,
grant that in the same Spirit we may be truly wise
and ever rejoice in his consolation.

Through Christ our Lord.

Amen.

Memorare

Remember, O most gracious Virgin Mary,
that never was it known
that anyone who fled to thy protection,
implored thy help,
or sought thy intercession,
was left unaided.

Inspired by this confidence
I fly unto thee,
O Virgin of virgins, my Mother.

To thee do I come,
before thee I stand,
sinful and sorrowful.

O Mother of the Word Incarnate,
despise not my petitions,
but in thy mercy hear and answer me.

Amen.

Hail, Holy Queen

Hail, Holy Queen, Mother of Mercy,
our life, our sweetness and our hope.

To thee do we cry,
poor banished children of Eve.

To thee do we send up our sighs,
mourning and weeping in this valley of tears.

Turn then, most gracious advocate,
thine eyes of mercy toward us,
and after this our exile
show unto us the blessed fruit of thy womb, Jesus.

O clement, O loving,
O sweet Virgin Mary.

Amen.

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O Good Jesus, hear me.
Within your wounds hide me.
Permit me not to be separated from you.
From the wicked foe, defend me.
At the hour of my death, call me
and bid me come to you
That with your saints I may praise you
For ever and ever.
Amen.

Prayer of St. Francis

Lord, make me an instrument of your peace:
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.
O divine Master, grant that I may not so much seek
to be consoled as to console,
to be understood as to understand,
to be loved as to love.
For it is in giving that we receive,
it is in pardoning that we are pardoned,
and it is in dying that we are born to eternal life.
Amen.

Apostles' Creed

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.

Amen.